

# Shark-Derived Neuroprotective Agents for Neurodegenerative Diseases: From Molecular Pathways to Clinical Evidence

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## Abstract

Neurodegenerative diseases, such as (but not limited to) Alzheimer's disease and Parkinson's disease, are a serious global health problem. Considering that the current treatments are primarily focused on symptom relief, it is necessary to find novel therapeutic approaches, including target therapies. Sharks have a special biochemical potential, and various neuroprotective agents can be derived from these animals. This review aims to evaluate and summarize the data available on shark-derived compounds in the case of neurodegeneration, explaining the molecular signatures and insights for novel therapies. Squalamine, trodusquemine, and single domain antibodies are the major products discussed in this paper. This review study further provides molecular pathways and clinical and animal data due to date, suggesting promising insights into more investigations in this field.

**Keywords:** Alzheimer's disease, Parkinson's disease, Shark-derived agents, Squalamine, trodusquemine

## Introduction

Neurodegenerative disorders (NDDs), such as Alzheimer's disease (AD) and Parkinson's disease (PD), remain major health issues worldwide. They are marked by progressive neuronal loss caused by convergent mechanisms, including lipid membrane vulnerability, impaired proteostasis, glial/vascular dysregulation, mitochondrial oxidative stress, and lysosomal dysfunction.<sup>1,2</sup> According to classical texts, current treatments merely represent symptomatic relief, along with limited disease-modifying therapies. Marine medicine, with a longstanding historical use, is considered to provide distinct compounds underlying its therapeutic potential in NDDs.<sup>3</sup> Among marine organisms, sharks possess a unique biochemical profile, providing remarkable regenerative capacities, efficient immune systems, and response mechanisms to oxidative stress.<sup>4</sup> The key elements of this profile involved in these processes include aminosterols, such as squalamine, alkylglycerols, and squalene.<sup>5-7</sup>

Squalamine and trodusquemine, first isolated from *Squalus acanthias*, function by blocking  $\alpha$ -synuclein aggregation and its related toxicity, with promising results in NDDs.<sup>8</sup> Squalene, a triterpene lipid, contains strong antioxidants and stabilizes membranes, offering neuroprotection and enhancing drug delivery across the blood-brain barrier (BBB).<sup>9,10</sup> Single-domain shark antibodies (e.g., the T-box 4 brain shuttle) were demonstrated to cross the BBB and deliver neuroprotective

agents, such as tropomyosin receptor kinase B (TrkB) receptor agonist antibodies, to the brain.<sup>11</sup> Despite challenges in sustainability and extraction, innovative synthetic methods are driving the development of shark-inspired neuroprotective agents.

Therefore, this review aims to summarize the current evidence from preclinical and clinical studies on shark-derived neuroprotective agents for the management of NDDs. Moreover, it is intended to provide a comprehensive evaluation of their potential as therapeutic agents against neurodegeneration by exploring the molecular pathways.

## Neuroprotective Architecture: Molecular Mechanisms

Squalamine, as one of the main aminosterols derived from dogfish sharks, has shown various effects, such as reducing hemangioblastomas and gliomas.<sup>12</sup> It inhibits angiogenesis related to tumors.<sup>13</sup> Moreover, squalamine is known for extensive antibacterial efficacy comparable to colistin.<sup>14</sup> It causes an increase in intracellular adenosine triphosphate, resulting in membrane depolarization. Additionally, this natural aminosterol interacts with the lipid membrane,<sup>15</sup> as it binds to the surface of the membrane, contributing to antifungal and antimicrobial effects. Moreover, it has a role in altering the firing patterns of aged neurons.<sup>16</sup> When applying squalamine in a mouse cortical neuron (*ex vivo*), the  $\alpha$ -amino-3-hydroxy-5-methyl-4-isooxazole-propionic acid-type glutamate receptors are activated<sup>17</sup>, thus regulating the synaptic transmission through



interacting with the lipid membrane.

Likewise, trodusquemine, as a natural aminosterol, attenuates the cytotoxicity of  $\alpha$ -synuclein and amyloid  $\beta$  ( $A\beta$ ) to human neuroblastoma cells.<sup>18</sup> This aminosterol, also known as MSI-1436, was examined on equine hepatic progenitor cells, and it was found to be efficient, as it targeted the protein-tyrosine phosphatase 1B (PTP1B).<sup>19</sup> The PTP1B pathway affects insulin and leptin signaling, leading to diabetes mellitus and obesity, as well as cancer via modulating pro-survival mechanisms.<sup>20</sup> Endoplasmic reticulum stress, which is activated by  $A\beta$  oligomers, can upregulate this pathway.<sup>21</sup> This process inhibits tyrosine kinases, resulting in deficits in memory and cognition. Moreover, inhibiting PTP1B can reduce pro-inflammatory reactions, in part, via the suppression of cyclooxygenase-2 and nuclear factor kappa-light-chain-enhancer of activated B cells.<sup>22</sup> According to Ozek et al, TrkB signaling is a substrate for PTP1B<sup>23</sup> and regulates the brain-derived neurotrophic factor-induced thermogenesis. The distribution of these receptors is widespread in the central nervous system.<sup>24,25</sup> Hypothalamus and hindbrain are major parts of the brain that are affected by PTP1B.<sup>26,27</sup> PTP1B, as an inflammation regulator, is highly overexpressed by microglial cells, so when inhibited, the inflammation is suppressed dramatically.<sup>28</sup> Nitric oxide, interleukin-6, and tumor necrosis factor- $\alpha$  are highly produced in the inflammatory process. Fuentes et al found that PTP1B modulates the N-cadherin via the dephosphorylation of  $\beta$ -catenin on Tyr-654.<sup>29</sup> In addition, the downregulation of PTP1B in hippocampus results in improved cognition.

### Key Findings From Animal Studies

Squalamine impacts the accumulation of  $\alpha$ -synuclein, which is a well-recognized biomarker in PD.<sup>30</sup> This product competes with  $\alpha$ -synuclein in binding lipid membranes, leading to a reduction in the oligomer's aggregation in *C. elegans*.<sup>30</sup> West et al<sup>31</sup> explored how squalamine impacts the enteric nervous system in PD mouse models, in which the colonic motility was restored rapidly. Single domain shark antibodies binding to transferrin receptor 1 are other candidates to consider for neurodegeneration treatment. Clarke et al indicated that T-box4-TrkB fusion could provide neuroprotection in a neurotoxin-induced mouse model of PD.<sup>11</sup> Moreover, claramine, an aminosterol that is structurally similar to trodusquemine and squalamine, makes the  $\alpha$ -synuclein stable in PD and reduces the aggregation in *C. elegans*.<sup>32</sup>

In AD, trodusquemine could inhibit the PTP1B, a pathway activated by inflammation, thus alleviating the memory deficits and neuronal loss in the hippocampus in a transgenic AD mouse model.<sup>33</sup> Additionally, trodusquemine and related aminosterols could be defensive against the misfolded proteins contributing to aging.<sup>34</sup> Low-density lipoprotein receptor knock-out mice (LDLR<sup>-/-</sup>) receiving a high-fat diet were reported to have reduced levels of atherosclerosis when receiving trodusquemine.<sup>34,35</sup> The tyrosine phosphorylation of metabotropic glutamate receptor 5 is restored by inhibiting

the PTP1B, thereby reducing the anxiety behavior in mice.<sup>36</sup> In addition, low molecular weight chondroitin sulfate derived from shark cartilage is another studied product in AD models suggested by Zhao et al in 5XFAD model.<sup>37</sup> The production of the amyloid precursor protein and presenilin 1 was attenuated, and inflammation and oxidative stress were inhibited. MSI-1436, derived from shark liver oil could cross the BBB. Furthermore, it is possibly effective in central nervous system injuries since it inhibits PTP1B.<sup>38</sup> Further, claramine inhibits the  $\beta$ -secretase 1, which cleaves the insulin receptor, making it a possible candidate for AD.<sup>39</sup>

### Focusing on Clinical Evidence

Clinical studies evaluating the efficacy of these neuroprotective factors are still limited in the case of neurodegeneration. ENT-01 is a synthetic squalamine salt (with oral use) that was examined on PD patients and demonstrated improvements in bowel function, with more than 80% of patients reaching an increase of 1 complete spontaneous bowel movement in a week or 3 from the baseline.<sup>40</sup> This study underlines the gastrointestinal benefits of squalamine, along with significant improvements in neurological findings. In a randomized clinical trial, Camilleri et al assessed the ENT-01 for constipation treatment.<sup>41</sup> With no serious side effects, squalamine improved bowel movements. The adverse events mostly included nausea and diarrhea. The preliminary results of these studies suggest that shark-derived compounds could notably enhance constipation, with insights into improving cognitive functions. To the best of our knowledge, no randomized clinical trials have been published primarily concerning the nervous system. A phase I trial (DEMET, NCT03938922) with 40 patients focusing on PD dementia was withdrawn. Marine natural products might provide novel, innovative results with their great pharmaceutical potentials.<sup>42</sup>

### Insights Into Future Research in Neurodegeneration

The clinical translation of shark-derived neuroprotective factors is challenging, as the evidence is primarily limited to preclinical studies. More clinical trials, especially concentrating on cognitive outcomes, are required to decide on the plausible implications. The accumulation of  $\alpha$ -synuclein is observed in the enteric nervous system of PD patients<sup>43</sup>, enabling us to think of conducting more studies, especially on squalamine as it could impact the gut-brain axis. In addition, trial designs should consider longer periods of time for further assessment, as the product was safe with insignificant adverse events in both recognized clinical trials.<sup>40,41</sup> Marine pharmacology is a promising field to discover novel target therapies and can be more elucidated if more investigation is conducted on these compounds. Other than  $A\beta$  or  $\alpha$ -synuclein, future studies should further target other mechanisms, in addition to other NDDs, such as Huntington's disease. Furthermore, investigating the synergistic effects of these compounds can be so useful, especially animal studies since the

clinical evidence remains limited. The sustainability and ethical considerations require to be further scrutinized, since the development of these treatments is responsible for ecological outcomes.

#### Authors' Contribution

A.A: Searching the databases, evaluating the available data, writing the manuscript.

A.D: Writing the manuscript, reviewing the draft.

#### Competing Interests

None declared.

#### Consent to Publication

Not applicable. This is a review of current data in the field using online databases.

#### Consent to Participate

Not applicable. This is a review of current data in the field using online databases.

#### Data Availability

All supporting data and information are available within the manuscript.

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